

Pink Eye = Conjunctivitis

Pink eye, or the medical term “conjunctivitis,” is a common communicable disease in children.

The signs and symptoms of pink eye are red and swollen eyes/eye lids, burning, itching, and watery eyes. The white part of the eye can range from pink to blood shot red in color.

There may be yellow/green discharge in the child’s eye(s), usually in the inner corner. The eyes may also be mattered and crusted, especially after sleep.

The mode of transmission occurs when a child comes into contact with the drainage from an infected eye or the upper respiratory tract of an infected individual.

As a parent/guardian you can help by observing your child’s eyes regularly. You can also help by instructing your child in ways to prevent the spread of disease. Wash hands a lot- before, after, and when ever hands have touched sources of germs.

If you suspect Pink Eye:

*Wash eyes gently with warm water to clean eyes. Always wash from the inner portions of the eye to the outer part. Repeat two to three times per day.

*Instruct child **NOT** to rub eyes.

*Good hand washing by everyone will aid in the prevention of disease spreading.

If symptoms persist, or if the child complains of pain in the eye, seek attention from your local eye doctor or medical facility.