# Page 1 / 5 KOSSUTH COUNTY QUICK RESOURCE GUIDE 2024

Agency Name Contact phone Number Contact Name

**Algona Family YMCA** 515-295-7701 Julie Herbst-Ulmer

• Membership Director

Algona Head Start515-295-7511Jaycee Schutjer● Head Start/Early Head Startor 641-494-1891Michelle Skadbury

Head Start serves children ages 3-5 years old in a classroom setting 4-5 days a week/ approximately 5-6.5 hours per day following the school district school year. *Eligibility is up to 100% of the federal poverty level.* 

Child Development Home Visitation Program 800-873-1899 Michelle Skadbury

• The Early Head Start Home Visitation program provides services to eligible pregnant women and children ages birth to 3 years. The program conducts weekly visits with the child and their parent, primarily in the child's home and through group socialization opportunities. The home-based program promotes secure parent-child relationships and helps parents provide high quality learning experiences. *Eligibility is up to 100% of the federal poverty level.* 

**Algona Public Library** 515-295-5476 Lori Walton

 Algona Public Library is a center to provide materials (books, newspapers, magazines, DVDs, computers, online data bases) and services (programs, Wi-Fi, faxes, scans, and computer printing) to help meet the informational and recreational needs of all patrons.

**Behavioral Health** 515-295-4315 Mary Beth Hanson

 Talk therapy services are provided to adolescents, adults, couples and families for a wide range of emotional and behavioral problems. Most insurance and EAP's accepted.

**CARE Connections of Northwest Iowa** 

Mental Health Regional Services 712-264-3945
 Anna Miller

**C.A.R.E Team of Kossuth County** 515-395-2273 Ally Klee

Cherish Center 712-338-3333 Jessica Fox

• Through Cherish House, we offer pregnancy services that include safe housing, supportive staff, and knowledge-based programs to help each one of our residents as they navigate their way through some of life's most significant changes.

Child Care Nurse Consultant Services 1-800-657-5856, ext. 16. Monica VerHelst

 Registered Nurses provide on-site consultation, training, and technical assistance to early childhood care/education providers. Childcare and early education businesses may receive information on health/safety policies, health programs, health of personnel, and specific child health or safety issues. Services are free and available for Butler, Cerro Gordo, Franklin, Hancock, Kossuth, Winnebago and Worth counties.

Clinical Psychologist / KRHC 515-295-4510 Mia Hegarty

Peter Jorgenson

**Courageous Life Coaching & Counseling** 515-341-5800 Joleen Frideres

 Joleen Frideres is a Co-Occurring (Faith based) Therapist with 30 years of experience offering therapy to those suffering with mental health/ addiction, or just want to be happier; Couples/families, Men, Women, Kids Ages 10+

## Page 2 / 5 KOSSUTH COUNTY QUICK RESOURCE GUIDE 2024

#### **Crisis Intervention Service**

515-295-8646

Allison Hurlburt

• The mission of Crisis Intervention Service is to provide persons affected by domestic violence, sexual assault and homicide with professional, confidential, 24-hour services including safety and support and to prevent violence in our communities through education.

## **Domestic Violence Advocate**

641-585-1050

Shayla Banchs

 The domestic abuse advocate works with survivors of domestic violence through all their needs including housing, civil justice, criminal justice, individual counseling, and all other needs a survivor might have.

#### **Dept of Health and Human Services** 712-362-7237 x6501

IMPORTANT CUSTOMER CONTACTS:

• Customer Info. Team: 712-255-2621 (gen info, questions)

Report Child Abuse: 800-362-2178
Report Changes: 877-347-5678

• Spanish Speaking Unit: 712-224-5645

• DHS Website: <u>www.iowa.gov</u> (gen Info, apply for benefits online)

• Apply for Food Assistance by Phone: 855-944-3663

• Apply for Medical by Phone: 885-889-7985

#### **Disaster Case Management**

1-800-873-1899

Lori Smith

• Time limited services to eligible households to develop and carry out a Disaster Recovery Plan. Provides guidance, advice, and referral in obtaining a service, or assisting in obtaining resources from various providers that address a serious need essential to the household to prevent, mitigate or overcome a disaster-related hardship, injury or adverse condition.

## **Early Childhood North Central Iowa** 515-341-0640

Salena Siefken

• Our agency serves children and families prenatal-five years old in a four-county area. We fund programs, we don't run programs. Our four priorities are: Healthy children, Children will be in school ready, secure & nurturing environments for children & quality childcare will be assessable to all families. We help fund Loving Hands Nursery in Algona, provide scholarships for three year olds that meet the income guidelines, funds two home visiting programs in Kossuth county and provide childcare training and some financial incentives for children's centers and providers, We also provide a child care nurse consultant to work with child care centers and home providers to stay up to date on their certification and to help with any health concerns and centers may encounter on a daily basis.

### **Elderbridge Agency on Aging**

800-243-0678

Sue Anne Stoermeir

• With the increase in the number of older lowans, their caregivers and the adults with disabilities, comes the increased need for information and resources. The overall objective is to help our consumers pursue independent, meaningful and dignified lives in their own homes and communities for as long as possible. Our goal is to enable our consumers to make informed decisions, easily access home and long-term care options, remain in their homes as long as possible with a high quality of life and to stay active and healthy while promoting a safe environment. Elderbridge provides services either directly or through subcontracted agencies. Without them, older lowans, their caregivers and adults with disabilities will have less and less resources available to them than ever before.

**FaDDS** 800-873-1899 Taylor Engebretson

Family Development and Self Sufficiency for FIP Recipients (FaDSS)

• FaDSS is a statewide voluntary home visitation program for participants in the Family Investment Program (FIP) and who are working with PROMISE JOBS. Regular home visits with individuals and families assist them in moving towards economic and emotional self-sufficiency. Services include family financial literacy, employment skills, linking families to community resources, assessments of family strengths, goal setting and advocacy. *Please contact (800) 873-1899 for more information.* 

**Incourage Counseling** 515-395-1005 Ashley Courtney/Emily Murphy

**Iowa Legal Aid** 800-532-1275 x1402 Diane Wilson

Managing Attorney, 641-423-4651 x 1402"

**Iowa Vocational Rehab Services** 515-295-7613 Patricia Cady

**ISU Extension & Outreach** 515-295-2469 Meredith Nelson

• Connects Kossuth County with Iowa State University's research and resources.

## **KIDS Program, UDMO**

712-363-8466

Jessie Hansen

• KIDS Program provides in-home parent education and family support services to families with children prenatal to age five that reside Emmet, Kossuth, and Palo Alto Counties. KIDS Program provides services free of cost and all services are voluntary. Priority will be given to those that have a child with an IFSP/IEP, 200% of the Federal Poverty Level, and a parent having a high school education or less. Families with children under age five needing support and child development information and do not have any of those criteria are eligible for services through the KIDS Program. Services include child development information, parent child interaction, and a family well-being component as we are an approved user of the Parents As Teacher's curriculum.

**Kossuth County Attorney** 515-295-9419 Todd Holmes

**Kossuth County Food Pantry** 515-341-0438 Henry Ricke

**Kossuth County Relief Office** 515-295-9595 Dona Nielsen

• Kossuth County General Assistance is short term assistance for basic needs, primarily rent and utilities. Must reside in Kossuth County and be income eligible. Will provide linkage to other long term supports, information and referral for all.

**Kossuth County Sherriff** 515-295-3514 Roger Fisher

**Kossuth Co. Witness Coordinator** 515-395-3891 Cinnamon Mawdsley

### KRHC Director of Excellence & Quality 515-295-4578

Barb Runneburg

MercyOne Critical Access Hospital provides quality care to our patients and communities. Services
include inpatient, family practice and population health clinic, community health, Lab, Rehabilitation,
Acupuncture/Aesthetic clinic, business and occupational health, cosmetic surgery, diabetes education,
emergency services, Inpatient and Retail pharmacy, mental health, nutrition, OB, Radiology, surgery
and specialty services.

## **KRHC Community Health**

515-295-4430

Lynzie Nilles

- Home Health-home visits after an illness/hospitalization for Medicare and Medicaid and private insurance.
- Hospice-end of life support for Patient and Family.
- School Nursing-covering the Algona School System
- Kossuth Growing Healthy Kids-in home visitation program to help support pregnant and new parents
- Immunizations-0-18 years old with no insurance or T#19.
- Breast & Cervical Cancer-Help with paying for Breast or Cervical Cancer checkups IF you qualify.
- Lifeline-Phone contacted to help for ill or elderly.
- Kossuth Emergency Preparedness Team-preparedness for emergency planning for EVENTs (tornado, fire, disaster)
- Car Seat checks

## **Kossuth County Community Service**

515-295-7695

Dale Briggs

• Helping individuals assigned Community Service by the court to work off the amounts they owe in regard to court costs and fines, by uniting them with a Non-Profit agency they can help. The hours they complete are multiplied by the Minimum Wage, and subtracted from what they owe.

## **Kossuth Growing Healthy Kids**

515-295-4435

Brianne Wilson

KGHK-is a home visitation program to help support pregnant families and families the first year of life.
 We are free. Confidential. And we come to you. We act as resource, teacher, nurse and friend to all families.

## **LIHEAP Representative**

515-295-2531

Lori Smith

**Low Income Home Energy Assistance Program (LIHEAP)** 

NICAO
 Winnebago/Hancock
 641-585-5863
 NICAO
 Kossuth County
 515-295-2531

• The Low-Income Home Energy Assistance Program helps individuals and families pay a portion of their winter heating costs. A one-time payment will be made to a heating or fuel company to supplement the cost of heating bills. Additional financial assistance may be available for furnace repair/ replacement and the cost of an air conditioner for medical reasons. *Eligibility is up to 175% of the federal poverty level for the previous fiscal year. Please contact (800) 873-1899 for more information.* 

### **Life Connections**

515-320-4187

- Life Connections
- Behavioral Health Intervention is an in-home skill building service for ages 4-18 years old. Medicaid only.
- Therapy we offer face to face, teletherapy and in- home therapy.

## **Loving Hands Nursery**

507-381-4414

Elizabeth Salinas

• Open Mondays and Wednesdays & Thursday from 9:00 to 11:30 a.m

#### **RSVP Volunteer Program**

515-295-8522

Debra Jordan

• RSVP engages people 55+ in meaningful community service by partnering with public service, education, proprietary health and non-profit organizations in Clay, Dickinson, Emmet, Kossuth and Palo Alto counties. Signature programs include low-income, disabled and/or or veteran clients; and conducting literacy programs in elementary schools including Reading Buddies, Pen Pals and tutoring.

# Page 5 / 5 KOSSUTH COUNTY QUICK RESOURCE GUIDE

## **Prairie Ridge Integrated Behavioral Health**

515-295-5158

Joni Haugland

515-295-5158 x401

• Prairie Ridge Integrated Behavioral Health provides prevention and adult treatment services for behavioral health concerns including substance misuse and addiction. We cover Kossuth, Hancock, Winnebago, Worth, Cerro Gordo, Franklin, Mitchell, and Floyd counties. Offices in Algona, Forest City, Hampton, Mason City, and Charles City.

TASK 515-295-3518 Marcia Kenne

• TRINITY AFTER SCHOOL FOR KIDS Located at Trinity Lutheran Church Algona. Grades Kdg – 6<sup>th</sup> grade. Bussed from the schools to the church, M-F must be picked up by 5:30pm. Early out days. They follow the school schedule. You do not have to be a member of the church. A snack is provided.

#### **United Way of N. Central Iowa** 641-423-1774

Jen Arends

• Our agency works to connect and strengthen community resources to inspire change in the lives of all north lowans. We do not give direct assistance to individuals. We can help find services that do.

## **Unity Point Berryhill Center** 515-955-7171

• The Berryhill Center is an outpatient mental health clinic, offering a complete range of counseling and therapy services to individuals, families, and couples for all age groups. The Berryhill Center serves people with a wide range of emotional and mental health disorders, from short-term personal and family problems and the most disabling illnesses.

#### WIC Women, Infants, & Children (WIC) 800-657-5856

Carla Miller

• Kossuth WIC Clinics are held on the 2<sup>nd</sup> Monday and Tuesday of the month at 1st Lutheran Church, 226 N. Putnam, Algona, IowaWIC is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care. WIC is available in all counties in Iowa. Eligibility is up to 185% of the Federal Poverty Level. Those families receiving Medicaid or SNAP automatically qualify for the WIC Program.

### 1<sup>st</sup> Five Program

641-423-5044 x 21

Mindi Watters

North Iowa Community Action Organization's 1st Five Coordinator supports area health providers in the
earlier detection of developmental delays and family risk-related factors (in children birth to 5) and
coordinates referrals, interventions and follow-up for families. Referrals are accepted from area
physicians. Counties served include Kossuth, Winnebago, Hancock, Worth, Cerro Gordo, Franklin,
Butler, Floyd, and Mitchell.

#### YourLifeIowa

855-581-8111 call 855-895-8398 text

• 24/7 support for problems with alcohol, drugs, gambling, mental health and suicidal thoughts physicians.