



# Price Increase

Effective April 1, 2023

Thank you for choosing Essential Health Acupuncture and trusting us with your Acupuncture & TCM needs. We are pleased to have been in business with Kossuth Regional Health Center since 2008. Over the past 15 years, we have worked hard to ensure that our clinic offers some of the most affordable and private acupuncture treatments within the North Central Iowa region. We do our best to provide exceptional care, making sure acupuncture services are accessible to most budgets. For many years we have not increased our prices, despite the continuous rise in expenses.

**In order to continue to provide our patients with the best possible comprehensive treatments, we acknowledge that an increase in service price is necessary.** This increase will allow Essential Health Acupuncture to continue to offer the highest quality services to our clients including acupuncture, electro-acupuncture, cupping, and moxa in a regular session.

**Listed below are the details of our updated pricing effective April 1<sup>st</sup>, 2023.**

- **Initial Consult/Treatment: (90 minutes) \$85**
- **Return Appointments: (45-60 minutes) \$60**
- **All other services will be increasing by \$5**

To help offset this rise in out-of-pocket costs, we are offering you the opportunity to purchase a package for future use. These packages are set at our current package rate and must be purchased by March 31<sup>st</sup>, 2023.

**Current package options include:**

- **10 Sessions (not including initial consult/treatment): \$480 (\$12 savings per session)**
- **6 sessions (not including initial consult/treatment): \$300 (\$10 saving per session)**

**Package options and pricing beginning April 1<sup>st</sup>, 2023:**

- **12 Sessions (not including initial consult/treatment): \$600 (\$10 savings per session)**
- **6 sessions (not including initial consult/treatment): \$330 (\$5 savings per session)**

Flex spending and health savings accounts can be used for acupuncture therapy. There are also a handful of health insurance plans that offer acupuncture benefits, and we can provide a superbill or bill (please ask us for more details).

Again, thank you for choosing Essential Health Acupuncture. We look forward to continuing to provide you with exceptional acupuncture and TCM services.