

# Community Resource Guide

*Local resources for those in need in northern Iowa*

CHILDCARE	
<b>Algona Head Start</b>	515-295-7511 Teacher 641-494-1891 Michelle Skadbur Head Start serves children ages 3-5 years old in a classroom setting 4-5 days a week/ approximately 5-6.5 hours per day following the school district school year. Eligibility is up to 100% of the federal poverty level.
<b>TASK Program</b>	515-295-3518, Marcia Kenne TRINITY AFTER SCHOOL FOR KIDS Located at Trinity Lutheran Church Algona. Grades Kdg – 6 th grade. Bussed from the schools to the church, M-F must be picked up by 5:30pm. Early out days. They follow the school schedule. You do not have to be a member of the church. A snack is provided.
CRISIS INTERVENTION	
Crisis Intervention Helplines	<b>Domestic Abuse</b> 641-424-9133 or toll free 1-855-424-9133 <b>Sexual Assault</b> 641-424-9071 or toll free 1-800-479-9071 <b>Violent Crime</b> 641-424-9133 or toll free 1-855-424-9133
Community Health	<a href="#">KRHC Community Health</a>
Hotlines	<a href="#">211 Hotlines</a> – information & Community Resources 988 – Crisis Support (suicide intervention) 911 – Emergency support
CLOTHING & HOUSEHOLD	
<b>211 Options</b>	<a href="#">clothing - 30 results</a>
<b>Exceptional Opportunities</b>	<a href="#">Exceptional Opportunities   Special Needs   Algona, IA</a> 119 S. Jones St. Algona, IA 50511
<b>Kossuth County Care Team</b>	<a href="#">Home   CARE Team</a> 109 N Lantry Algona, IA 515-395-2273 CARE Team Hours – Monday, Wednesday, and Friday 9:00 AM to 12:00 PM and 1:00PM to 4:00 PM <i>Multiple resources needed for people of all ages</i>
DENTAL CARE	
Dental Care Program in Iowa	<a href="#">Dental Care Program Options in Iowa   DDS   DLN</a>

FOOD ASSISTANCE	
Kossuth County Food Pantry	1426 E Commercial St, Algona, IA 50511 Food Pantry Hours – Monday & Friday 1:00-2:45, Wednesday 1:00-3:45
Food Lending Boxes	<p><a href="#">Food Insecurity Support</a></p> <p>Locations:</p> <ol style="list-style-type: none"> <li>1. <b>Kossuth Regional Health Center</b> (1515 S. Phillips St.– south clinic entrance)</li> <li>2. <b>Divine Mercy Parish</b> (715 E North St.–on Lucas street side of building /north side of building)</li> <li>3. <b>Trinity Lutheran Church</b> (520 N. Garfield St.–on Elm street side of building north side of building by TASK entrance)</li> <li>4. <b>First Lutheran Church</b> (226 N Putnam St. S–west side of building by main entrance)</li> <li>5. <b>Bishop Garrigan</b> (1224 N McCoy St.–west side of building by sidewalk up to main entrance)</li> <li>6. <b>Burt Post Office</b></li> <li>7. <b>Titonka City Hall</b></li> </ol> <p><b>These boxes are for ANYONE who needs additional food resources.</b></p>
Moms Meals	515-382-8888 or 866-204-6111
Sisters Meals	515-332-1928
SNAP (Supplemental Nutrition Assistance Program)	<p>Call 1-855-944-FOOD (3663) Email <a href="mailto:SNAPOutreachhotline@iowaFBA.org">SNAPOutreachhotline@iowaFBA.org</a> or Apply Online <a href="http://DHSServices.iowa.gov">DHSServices.iowa.gov</a></p> <p>Handouts in KRHC Community Health</p>
WIC	<p><a href="#">North Iowa Community Action Organization</a></p> <p>Supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care. Eligibility is up to 185% of the Federal Poverty Level. link to WIC <a href="#">pre-screening tool</a>. More info can be obtained from website or calling 1-800-657-5856.</p>
Food Bank of Iowa	<a href="#">Find Food - Food Bank of Iowa</a>
Food Pantry, Community Kitchens, meal services in Northern Iowa	<a href="#">Food Resources   CG Public Health</a>

Iowa Legal Aid/Food Assistance	<a href="#">Food Assistance in a Disaster (Food Stamps) - Iowa Legal Aid</a>
Food Assistance & Immigrants	<a href="#">Food Stamps and Immigrants - Iowa Legal Aid</a>
<b>FOOD SUPPORT FOR SENIORS</b>	
Meals on Wheels - Algona	Meals on Wheels, Congregate Meals & Food Boxes. Algona Senior Center 515-295-7956 <a href="#">Services – Active Seniors of Algona</a>
Bancroft Senior Center Congregate Meals	515-885-2721
Swea City, LaRow's (Meals on Wheels)	515-272-4561
Titonka Care Center (Meals on Wheels)	515-928-2600
Elderbridge Senior Farmers Market Nutrition Program	Receive vouchers to use at participating farmers markets. 1-800-243-0678 <a href="#">Our Services - Healthy Meals - Elderbridge Agency On Aging</a>
Veterans Food Pantry	Kossuth County Veterans Center Food Pantry 109 S. Lantry Street- Algona; by appt. only; Call John 712-269-9700 or Kendall 515-361-1551
<b>GENERAL ASSISTANCE</b>	
Health and Human Services	<a href="#">Iowa Health &amp; Human Services</a>
Income Tax Assistance Program	<a href="#">Kossuth County Extension Office</a> provides a VITA (Volunteer Income Tax Assistance) program- free and accurate income tax assistance to qualifying individuals & families. <i>The request form can be completed in Spanish by selecting "Spanish" from the drop-down menu in the upper right corner of the form.</i>
Kossuth County Relief	<b>515-295-9595;</b> Provides emergency payment vouchers to people in need of immediate assistance or to those who cannot obtain assistance from any other source. This program is designed to provide short-term emergency type assistance to people lacking the resources to meet their basic needs. This program is not intended to provide ongoing, long-term aid to any individuals and/ or family. Persons seeking assistance must complete an application and must meet eligibility requirements. For more information or to apply for services please contact our office at 109 West State Street Algona, Iowa.
Legal Aid	<a href="#">Iowa Legal Aid</a> <a href="#">Legal Aid for Migrant Workers/Farmers</a>
Your Life Iowa	<a href="#">Your Life Iowa   Your Life Iowa</a>
<b>HOUSING</b>	
Housing Assistance - <a href="#">211</a>	<a href="#">North Iowa Regional Housing Authority</a> <a href="#">Iowa Legal Aid</a> <a href="#">NIACOG Housing Trust Fund</a> <a href="#">Summit House Retirement Community</a>

PHARMACY	
KRHC Family Pharmacy	515-295-4567 <a href="#">Pharmacy - Kossuth Regional Health Center</a> Monday through Friday 9:00 AM to 5:30 PM Saturday 9:00 AM to 12:30 PM
HY-VEE PHARMACY	515-295-9238 1500 North 1602 Highway, US-169, Algona, IA 50511 Monday through Friday 8:00 AM to 7:00 PM Saturday 9:00AM to 2:00 PM Sunday 10:00 to 2:00 PM
LAW ENFORCEMENT /LEGAL	
Kossuth County Community Service	515-295-7695, Dale Briggs Helping individuals assigned Community Service by the court to work off the amounts they owe in regard to court costs and fines, by uniting them with a Non-Profit agency they can help. The hours they complete are multiplied by the Minimum Wage, and subtracted from what they owe.
Kossuth County Sheriff	<b>515-295-3514, Roger Fisher</b>
Kossuth Co. Witness Coordinator	<b>515-395-3891</b>
MEDICAL ASSISTANCE	
American Medical ID	Medical ID bracelets. 1-800-363-5985 or <a href="http://www.americanmedical-id.com">www.americanmedical-id.com</a>
Lilly Cares Patient Assistance	<a href="#">Patient Assistance Program Application</a>
GoodRX	<a href="#">Find a coupon</a>
NovoCare	<a href="#">Patient Assistance Program</a>
Boehringer Cares Patient Assistance Program	<a href="#">Boehringer Ingelheim Cares Foundation Patient Assistance Program</a>
Lantus	<a href="#">Long-acting insulin</a>
Cancer Care	<a href="#">Co-Payment Assistance Foundation   Helps People with Cancer</a>
HealthWell Foundation	<a href="#">When health insurance is not enough - HealthWell Foundation</a>
Leukemia and Lymphoma Society	<a href="#">We are all about blood cancer   Blood Cancer United</a>
National Organization for Rare Disorders	<a href="#">National Organization for Rare Disorders   NORD</a>
Needy Meds	<a href="#">Simplified Healthcare Savings</a>
Patient Access Network	<a href="#">PAN Foundation - Patient financial assistance, advocacy, and education</a>
Patient Advocate Foundation	<a href="#">Co-Pay Relief – Patient Advocate Foundation   Co-Pay Relief</a>
Patient Services, Inc.	<a href="#">Accessia Health   Health and Human</a>
Medical Equipment/Supplies	

<b>KRHC Home Medical Shop</b>	1515 S Phillips St. Algona, Iowa 50511 515-295-4452 Located through the main entrance of the hospital
<b>VFW Lending Closet (Algona)</b>	Russ Bode-515-341-5157 Doug Anderson – 515-320-4686
<b>Whittemore Legion Lending Closet</b>	515-320-0779 (Stu Simonson)
<b>Britt Lending Closet</b>	641-843-5500
<b>HEALTHCARE SERVICES</b>	<p><b><a href="#">Health Center In Iowa - Kossuth Regional Health Center</a></b></p> <p>Acupuncture ----- 515-295-4469  Care For Yourself Program ----- 515-295-4430  • Breast &amp; Cervical Cancer-Help with paying for Breast or Cervical Cancer checkups IF you qualify.  Community Health Services----- 515-295-4430  Diabetic Education ----- 515-295-4591  Family Medical Clinic----- 515-295-2451  Hospice of the Heartland----- 515-295-4430  Kossuth Growing Healthy Kids ----- 515-295-4430  Occupational &amp; Speech Therapy --- 515-295-4559  Physical Therapy ----- 515-295-4672</p>
<b>MENTAL HEALTH / BEHAVIORAL HEALTH</b>	
<b>Local &amp; Regional Mental Health Resource Guide</b>	<a href="#">Outpatient-Behavioral-Health-Resources_Sept2025.pdf</a>
<b>Northwest Iowa Care Connections</b>	712-264-3945 <a href="#">LINC   Local Initiative for Networking &amp; Collaboration</a>
<b>Season's Center</b>	outpatient & crisis stabilization centers 1-844-345-4569 <a href="#">Seasons Center - Center for Behavioral Health</a>
<b>ADDICTION SERVICES</b>	
<b>Alcoholics Anonymous</b>	<ul style="list-style-type: none"> <li>▪ <b>Algona</b>- 515-295-2325; location: Finn House 600 N Ridgley</li> <li>▪ <b>Armstrong</b>- 712-209-7085; location: Senior Citizen Center Main Street</li> <li>▪ <b>Arnold's Park</b>- 712-336-0657; location: Arnolds Park City Hall 1107 S. Hwy 71</li> <li>▪ <b>Emmetsburg</b>- 712-260-6901; location: Iowa Trust Bank 2101 10th Street</li> <li>▪ <b>Estherville</b>- 712-320-4051; location Estherville Lutheran Church 208 North 8th Street</li> <li>▪ <b>Milford</b>- 712-336-0657; location(s): Harbor of Joy 1204 L Avenue or 1301 Okoboji Avenue</li> <li>▪ <b>Ruthven</b>- 712-260-6901; location: Zion Lutheran Church 1901 Rolling Street</li> <li>▪ <b>Spencer</b>- 712-262-3654; location: Alano Club 511 Southmoor Drive</li> </ul>

	<ul style="list-style-type: none"> <li>▪ <b>Spirit Lake</b>- 712-336-0657; location(s): Senior Center 2100 Zenith Ave; Discovery House 1400 Hill Ave; First Presbyterian Church 3501 Hill Ave; St. Alban's Church 2011 23rd Street; Spirit Lake Public Library 702 16th Street; Lakes Regional Hospital 2301 US-71</li> </ul>
<b>Iowa Substance Abuse Information Center</b>	<b>866-242-4111</b>
<b>Face It Together-Drug Free (FIT)</b>	<b>515-242-6391</b> <a href="#">Welcome to the Partnership - Partnership for a Healthy Iowa</a>
<b>National Institute on Drug Abuse (NIDA)</b>	<a href="#">NIDA.NIH.GOV   National Institute on Drug Abuse (NIDA)</a>
<b>Gambling/Sports Betting</b>	<b>1-800-BETS OFF, text 855-895-8398</b> <a href="#">Gambling   Your Life Iowa</a>
<b>Tobacco Help</b>	<a href="#">Community &amp; Family Resources - Fort Dodge IA, 50501</a>
<b>MILITARY SPECIFIC SUPPORT</b>	<a href="#">Veteran - 162 results</a>
<b>Moving Veteran's Forward</b>	<a href="#">HOME   Moving Vets Forward</a>
<b>Iowa Legal Aid</b>	<a href="#">Iowa Legal Aid   Free Legal Help for Low-Income Iowans</a>
<b>VFW</b>	<b>VFW Loan Closet; Russ Bode 515-341-5157</b>
<b>MILITARY SPECIFIC SUPPORT</b>	<a href="#">Veteran - 162 results</a>
<b>Moving Veteran's Forward</b>	<a href="#">HOME   Moving Vets Forward</a>
<b>Iowa Legal Aid</b>	<a href="#">Iowa Legal Aid   Free Legal Help for Low-Income Iowans</a>
<b>VFW</b>	<b>VFW Loan Closet; Russ Bode 515-341-5157</b>
<b>PREGNANT, POSTPARTUM, NEWBORN SPECIFIC RESOURCES</b>	
<b>1<sup>st</sup> Five Program</b>	641-423-5044 x 21 <a href="#">1st Five Childhood Screenings   Health &amp; Human Services</a> North Iowa Community Action Organization's 1st Five Coordinator supports area health providers in the earlier detection of developmental delays and family risk-related factors (in children birth to 5) and coordinates referrals, interventions and follow-up for families. Referrals are accepted from area physicians. Counties served include Kossuth, Winnebago,

	Hancock, Worth, Cerro Gordo, Franklin, Butler, Floyd, and Mitchell.
<b>Family Development and Self Sufficiency for FIP Recipients (FaDSS)</b>	<p><b>800-873-1899</b></p> <p>FaDSS is a statewide voluntary home visitation program for participants in the Family Investment Program (FIP) and who are working with PROMISE JOBS. Regular home visits with individuals and families assist them in moving towards economic and emotional self-sufficiency. Services include family financial literacy, employment skills, linking families to community resources, assessments of family strengths, goal setting and advocacy. Please contact (800) 873-1899 for more information.</p>
<b>Kossuth Regional Health Center Clinic &amp; Hospital</b>	<p>1515 South Phillips Street, Algona, IA      Phone – 515-295-2451      Clinic hours      Monday through Thursday 8:00 AM to 5:00 PM • Friday – 8:30 AM to 5:00 PM      Saturday – Urgent Care Only 8:30 AM to 12:00PM  <a href="http://www.krhc.com">www.krhc.com</a></p>
<b>Kossuth Regional Health Center Bancroft Clinic</b>	<p>122 E. Ramsey, Bancroft, IA      Phone – 515-885-2336      Clinic hours – Monday, Tuesday, Wednesday and Friday 8:30 AM to 5:00 PM (Closed 12-1) Thursday – Closed  <a href="http://www.krhc.com">www.krhc.com</a></p>
<b>Kossuth County Community Health</b>	<p>Multiple services for new moms/babies  <a href="#">Community Health - Kossuth Regional Health Center</a>      1515 South Phillips Street, Algona, IA      Phone – 515-295-2451 ext. 430      Community Health hours – Monday through Friday 8:00 AM to 4:30 PM</p> <ul style="list-style-type: none"> <li>• <b>Available for lactation consults and follow-up visits after hospitalization</b></li> <li>• <b>Immunizations-0-18 years old with no insurance or T#19.</b></li> <li>• <b>Breast &amp; Cervical Cancer-Help with paying for Breast or Cervical Cancer checkups IF you qualify.</b></li> <li>• <b>Car seat safety checks</b></li> </ul>
<b>Kossuth Growing Healthy Kids</b>	<p>515-295-4435, Brianne Wilson      Kossuth County Community Health      -in home visitation program to help support pregnant and new parent</p>
<b>Cherish Center</b>	<p>1004 22nd Street, Milford, IA, 51351      712.338.3333   <a href="mailto:info@cherishcenter.org">info@cherishcenter.org</a>  <a href="#">Pregnancy Housing</a>   <a href="#">Moms Mental Health Services</a>   <a href="#">Home</a>   <a href="#">Cherish Center</a></p>

	<p>Through Cherish House, we offer pregnancy services that include safe housing, supportive staff, and knowledge-based programs to help each one of our residents as they navigate their way through some of life's most significant changes.</p>
<b>Child Development Home Visitation Program</b>	<p><b>800-873-1899; Michelle Skadbury</b>  The Early Head Start Home Visitation program provides services to eligible pregnant women and children ages birth to 3 years. The program conducts weekly visits with the child and their parent, primarily in the child's home and through group socialization opportunities. The home-based program promotes secure parent-child relationships and helps parents provide high quality learning experiences. Eligibility is up to 100% of the federal poverty level.</p>
<b>Early Childhood North Central Iowa</b>	<p><b>515-341-0640, Salena Siefken</b>  Agency serves children and families prenatal-five years old in a four-county area. Our four priorities are: Healthy children, Children will be in school ready, secure &amp; nurturing environments for children &amp; quality childcare will be assessable to all families. We help fund Loving Hands Nursery in Algona, provide scholarships for three year olds that meet the income guidelines, funds two home visiting programs in Kossuth county and provide childcare training and some financial incentives for children's centers and providers, We also provide a child care nurse consultant to work with child care centers and home providers to stay up to date on their certification and to help with any health concerns and centers may encounter on a daily basis.</p>
<b>KIDS Program, UDMO</b>	<p><b>712-363-8466</b>  KIDS Program provides in-home parent education and family support services to families with children prenatal to age five that reside Emmet, Kossuth, and Palo Alto Counties. KIDS Program provides services free of cost and all services are voluntary. Priority will be given to those that have a child with an IFSP/IEP, 200% of the Federal Poverty Level, and a parent having a high school education or less. Families with children under age five needing support and child development information and do not have any of those criteria are eligible for services through the KIDS Program. Services include child development information, parent child interaction, and a family well-being component as we are an approved user of the Parents As Teacher's curriculum.</p>

<b>Iowa Department of Human Services</b>	<p><b>Phone – 515-295-7771</b>  <i>Medicaid, Hawk-I, Food Assistance, Child Care Assistance</i>  <a href="#">Welcome   Health &amp; Human Services</a>  Customer Info. Team: 712-255-2621 (gen info)  Report Child Abuse: 800-362-2178  Report Changes: 877-347-5678  Spanish Speaking Unit: 712-224-5645  Apply for Food Assistance-Phone: 855-944-3663  Apply for Medical -Phone: 885-889-7985</p>
<b>WIC Program (Women, Infants, Children)</b>	<p>226 North Putnam, Algona, IA (First Lutheran Church)  Phone – 800-657-5856  Hours – Second Monday and Tuesday of the Month  Nutrition program for babies, children under 5, pregnant women, breastfeeding women, and women who have had a baby within the last 6 months.  WIC helps families by providing healthy foods, nutrition education, and referrals to other health care. WIC is available in all counties in Iowa. Eligibility is up to 185% of the Federal Poverty Level. Those families receiving Medicaid or SNAP automatically qualify for the WIC Program</p>
<b>Loving Hands Nursery</b>	<p>201 East Nebraska Street, Algona, IA (First United Methodist Church)  Phone – 515-395-2273  Hours – Monday, Wednesday, and Thursday 9:00 AM to 11:30 AM  Free Respite daycare for children 2 weeks to 5 years.  (Information available on Facebook)</p>
<b>Poison Control</b>	<p>Phone - 1-800-222-1222  24 Hours a day, 7 days a week  <a href="#">Iowa Poison Control Center   Iowa Poison Control Center</a></p>
<b>SENIOR CITIZEN SERVICES</b>	
<b>211 Options</b>	<a href="#">Senior - 44 results</a>
<b>Active Seniors of Algona</b>	<a href="#">Active Seniors of Algona</a>
<b>Alzheimer's Association</b>	800-272-3900 <a href="#">Dementia 24/7 Helpline</a> <a href="#">Iowa Chapter   Alzheimer's Association</a>
<b>Elderbridge Agency on Aging</b>	<a href="#">Contact Info - Consumer Rights - Elderbridge Agency On Aging</a>
<b>GrandPad</b>	GrandPad – Stay connected. <a href="#">Bring families together with GrandPad</a>
<b>Iowa Legal Aid</b>	<a href="#">Iowa Legal Aid   Free Legal Help for Low-Income Iowans</a> <a href="#">Elderly Waiver Program Keeps People Out of Nursing Homes - Iowa Legal Aid</a>
<b>Money Smart for Older Adults</b>	<a href="#">Money Smart for Older Adults   FDIC.gov</a>

<b>RSVP AmeriCorps Seniors</b>	<p><a href="#">RSVP - Iowa Lakes Community College</a>      Volunteer Program - 515-295-8522      RSVP engages people 55+ in meaningful community service by partnering with public service, education, proprietary health and non-profit organizations in Clay, Dickinson, Emmet, Kossuth and Palo Alto counties. Signature programs include low-income, disabled and/or or veteran clients; and conducting literacy programs in elementary schools including Reading Buddies, Pen Pals and tutoring.</p>
<b>Senior Health Insurance Information Program (SHIIP) at KRHC</b>	<b>515-295-4658</b> Information on Medicare Benefits, Medicare Supplements, Medicare Part D & Medicare Advantage Plans
<b>Senior Life Solutions Behavioral Health Program</b>	Mental Health - <a href="#">Senior Life Solutions - Kossuth Regional Health Center</a>
<b>NURSING HOMES</b>	<ul style="list-style-type: none"> <li>· Accura HealthCare of Bancroft----515-885-2463</li> <li>· Algona Manor Care Center-----515-295-3505</li> <li>· Algona Good Samaritan Society---515-295-2414</li> <li>· Kanawha Community Home-----641-762-3302</li> <li>· Titonka Care Center-----515-928-2600</li> <li>· West Bend Health and ReHab ----515-887-4071</li> <li>· Westview Care Center, Britt-----641-843-3835</li> </ul>
<b>ASSISTED LIVING</b>	<ul style="list-style-type: none"> <li>· Homestead Assisted Living Facility &amp; Memory Care Unit (Algona)----- 515-395-1512</li> <li>· Huskamp Haven (Good Samaritan Assisted Living, Algona)-----515-395-3300</li> <li>· Swea City Main Street Manor -----515-477-0319</li> <li>· Van Buren (Good Samaritan, Independent Living for Seniors, Algona)-----515-295-4131</li> <li>· Elmore Assisted Living and Memory Care (Sunflower Communities) -----507-943-3333</li> </ul>
<b>SPEECH-LANGAUGE SERVICES</b>	<p><b>Contact: Laura Schmitt; <a href="mailto:laura-schmitt@uiowa.edu">laura-schmitt@uiowa.edu</a></b></p> <ul style="list-style-type: none"> <li>• Available via zoom, led by graduate student clinicians and supervised by the SLP clinical professor</li> <li>• ARC- Aphasia Reading Club- all levels of reading ability welcome</li> <li>• MAGIC- aphasia communication club, all levels welcome</li> </ul>
<b>Iowa aphasia groups</b>	

<b>Speak Out! Groups</b>	Contact: Louise Pinkerton; <a href="mailto:louise-pinkerton@uiowa.edu">louise-pinkerton@uiowa.edu</a> <ul style="list-style-type: none"> <li>• Needed to assist with maintenance following Speak Out! Program</li> <li>• Available via zoom</li> <li>• Led by graduate student clinicians and supervised by SLP clinical professor</li> </ul>
<b>Rescue Voice</b>	Bridge the gap between first responders and nonspeaking individuals with this app. <a href="#">RescueVoice</a>
<b>Dr. Becca Walker chiropractic/ neuro care</b>	neurological work in addition to chiropractic care <a href="#">Walker Chiropractic and Wellness</a>
<b>Laurie Hammer, FNTP, NNTS (nutritional therapy)</b>	<a href="#">Take Back My Brain</a>
<b>Nolan Vitzthum- Licensed Independent Social Worker/ Registered Play Therapist Location</b>	<a href="#">Team — The Heart of Play, LLC</a> Humboldt, IA
<b>Marissa Larson- Stable Heart Equine Assisted Psychotherapy Location</b>	<a href="#">Stable heart equine assisted therapy</a> LuVerne, IA
<b>Ampcare</b>	<a href="#">Ampcare ESP   Effective Swallowing Protocol</a> Available in Humboldt, IA
<b>SEXUAL &amp; DOMESTIC ASSAULT/VIOLENCE</b>	
<b>Crisis Intervention</b>	641-423-0490; serves victims of domestic abuse and sexual assault in multiple counties throughout the state of Iowa; promoting a society free of violence and oppression through social change, effective community partnerships and awareness. <b>Sexual Assault Crisis Line:</b> 800-479-9071 <b>Domestic Abuse Crisis Line:</b> 855-424-9133
<b>Domestic Violence Advocate</b>	641-585-1050, Shayla Banchs The domestic abuse advocate works with survivors of domestic violence through all their needs including housing, civil justice, criminal justice, individual counseling, and all other needs a survivor might have.
<b>Domestic/Sexual Assault Outreach Center</b>	Locations: Fort Dodge & Waterloo 515-955-2273 crisis based shelter that offers crisis intervention, safety planning, case management, counseling, advocacy, transportation, and more.
<b>Homicide &amp; Other Violent Crimes Program</b>	Crisis Line: 888-356-2006 Fort Dodge location: 515-955-5677 Waterloo location: 319-232-6522

<p><b>Culturally Specific Help</b></p>	<p><b>African American;</b> services offered- prevention, education, advocacy, support and support groups, community outreach, childrens programs, referrals, training and workshops  Amani Community Services; 24 hour after care line: 888-983-2533 <ul style="list-style-type: none"> <li>• Waterloo; 319-232-5660</li> <li>• West Des Moines; 515-991-4589</li> <li>• Cedar Rapids; 319-621-9142</li> <li>• Davenport; 563-564-5392</li> </ul> <p><b>Asian &amp; Pacific Islander;</b> serves victims/survivors of domestic violence, sexual assault and human trafficking with mobile multilingual advocates, relief, referrals, individual counseling and group activities  MONSOON; helpline 866-881-4641 <ul style="list-style-type: none"> <li>• Des Moines; 515-288-0881</li> <li>• Iowa City; 319-466-9000</li> <li>• Dubuque; 563-556-1677</li> </ul> <p><b>Latina;</b> serves Latina victims of domestic violence and sexual assault with one on one educational counseling, court/legal/personal advocacy, support groups and community referrals  LUNA; 24 hour helpline 1-866-256-7668 <ul style="list-style-type: none"> <li>• Des Moines; 515-271-5060</li> <li>• Marshalltown; 319-242-7536</li> </ul> <p><b>Meskwaki;</b> serves as a temporary emergency shelter, assistance with community and government resources, hygiene items, advocacy with law enforcement, court accompaniment via telephone, safety planning, and transportation as a result of domestic violence and/or sexual assault  RISE; 641-481-0334 located in Tama, Iowa</p> </p></p></p>
<p><b>TRANSPORTATION</b></p>	
<p><b>Algona City Taxi</b></p>	<p><b>Algona City Taxi/City Hall 515-295-2878</b>  Hours: 8AM-12:00, 12:30-4PM (Monday-Friday); no transportation on weekends, or federally observed holidays except available on Columbus &amp; Veteran's Day</p> <p>Rides must be schedule 24hours in advance. Available for rides within city limits of Algona. Rides for Seniors Citizens (60+), Handicap, and Students are \$1 one way. All others utilizing transport are \$3 one way</p>

<b>Cozi Van (wheelchair &amp; stretcher)</b>	<b>866-322-9826</b>
<b>Scott/NIACOG Regional Transit</b>	515-320-4005 Hours: 7AM-4PM (Monday-Friday); no transportation on weekends & or federally observed holidays.
<b>Veterans Transportation Only</b>	515-295-9036 or 515-669-5876
<b>Medicaid patients only- Non Emergent Transportation</b>	641-423-2262
<b>Molina Healthcare Specific Transportation</b>	<a href="#">Transportation Services No-Cost Rides</a>
<b>My Community Ride</b>	1-800-873-1899 or 641-423-7766
<b>Region 2 Transit</b>	Kossuth County – 515-320-4005 Algona – 515-295-2878
<b>UTILITIES</b>	
<b>211 Options</b>	<a href="#">utilities - 38 results</a>
<b>Iowa Legal Aid</b>	<a href="#">Utilities and Medical Concerns - Iowa Legal Aid</a>
<b>Low Income Home Energy Assistance Program (LIHEAP)</b>	<b>LIHEAP Representative 515-295-2531, Lori Smith,</b> <b>Winnebago/Hancock; 641-585-5863</b> <b>Kossuth County; 515-295-2531</b>  The Low-Income Home Energy Assistance Program helps individuals and families pay a portion of their winter heating costs. A one-time payment will be made to a heating or fuel company to supplement the cost of heating bills. Additional financial assistance may be available for furnace repair/ replacement and the cost of an air conditioner for medical reasons. Eligibility is up to 175% of the federal poverty level for the previous fiscal year. Please contact (800) 873-1899 for more information.
<b>Water &amp; Heating Assistance</b>	<b>North Iowa Community Action Organization</b> <b>641-585-5863</b>
<b>OTHER LOCAL RESOURCES</b>	
<b>Algona Library</b>	515-295-5476 <a href="#">Home - Algona Public Library</a> Algona Public Library is a center to provide materials (books, newspapers, magazines, DVDs, computers, online data bases) and services (programs, Wi-Fi, faxes, scans, and computer printing) to help meet the informational and recreational needs of all patrons
<b>Algona Family YMCA</b>	515-295-7701 <a href="#">Algona YMCA – Building Better Communities</a>
<b>Cancer Support Foundation – Kossuth County</b>	515-341-3520 <a href="mailto:Kccsfoundation@gmail.com">Kccsfoundation@gmail.com</a>

<b>Disaster Case Management</b>	1-800-873-1899, Lori Smith Time limited services to eligible households to develop and carry out a Disaster Recovery Plan. Provides guidance, advice, and referral in obtaining a service, or assisting in obtaining resources from various providers that address a serious need essential to the household to prevent, mitigate or overcome a disaster-related hardship, injury or adverse condition.
<b>ISU Extension &amp; Outreach</b>	<b>515-295-2469</b> <a href="#">Kossuth County   Iowa State University Extension and Outreach</a> Connects Kossuth County with Iowa State University's research and resources
<b>North Iowa Community Action Organization</b>	<a href="#">North Iowa Community Action Organization  </a> <b>515-295-2531</b> <b>Kossuth County Office – Thursdays 8 am -4pm</b>
<b>United Way of North Central Iowa</b>	<b>641-423-1774</b> <a href="#">United Way of North Central Iowa  </a> Our agency works to connect and strengthen community resources to inspire change in the lives of all north Iowans. We do not give direct assistance to individuals. We can help find services that do.
<b>Vocational Rehab Services</b>	<a href="#">Vocational Rehabilitation (VR) Services   Iowa Workforce Development</a> <b>515-295-7613</b>